1

SELF-ASSESSMENT GUIDE

Qualification Title:	Massage Therapy NC II
Units of Competency Covered:	 Develop Massage Practice Perform Client Consultation Perform Body Massage Maintain and Organize Tools, Equipment, Supplies and Work Area
1	

Instruction:

• Read each question and check the appropriate box to indicate your answer.

Can I?		NO
Develop Massage Practice		
 Ensure compliance to legal and ethical standards based on applicable laws and government regulations* 		
 Identify sciences relevant to massage based on recommended massage therapy manuals and references* 		
 Identify standard massage manipulations and its application based on recommended massage therapy manuals and references* 		
 Identify appropriate massage manipulation and practices to clients with disabilities and various medical conditions* 		
Determine and identify massages modalities and complementary therapies based on recommended massage therapy manuals*		
Perform Client Consultation		
 Gather and record clients' personal information using prescribed documentation forms/tools through client visual assessment and interviews* 		
 Obtain and record subjective information* 		
Obtain and record objective information*		
Organizes, analyzes and interprets gathered information*		
Formulate massage session plan based on gathered information*		
Obtain client's informed consent*		
Perform Body Massage		
Prepare and organize massage implements and work area*		
 Perform standard massage manipulations and techniques guided by applicable government laws and regulations with established ethical standards* 		

 Identify and performs appropriate massag techniques based on client's complaints and 	•		
 Observe proper body mechanics and maint of client during massage* 	ains proper positions		
 Evaluate and document effects of massage on massage plan and massage goals* 	and progress based		
 Perform aftercare activities according to clie 	nt needs*		
Perform aftercare advises to client*			
Maintain and Organize Tools, Equipment, Sup Area	pplies and Work		
 Perform stock control and inventory procedu 	ıres		
 Clean and organize work area in acco- establishments' policies and applicable la cleaning, disinfection, safe storage of linen, used in massage services)* 	aws (Procedures for		
 Handle tools and equipment* Checking and maintaining a range of tools and equipment in safe working order Applying massage establishment housekeeping programs and routines, including reporting faults and problems to relevant persons Checking and referring tools and equipment for repair as required 			
I agree to undertake assessment in the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor.			
Candidate's signature: Date:			

NOTE: * Critical Aspects of Competency